## COMPONENTS

1) Rest - handrest, silcone, mounting part, tension screw, return rubber

2) Middle section - I-joint, washer, flexi-washer, tension screw

**3)** Bracket - regulator, elevation trim, clasp, tension screw, bottom rubber

4) Stabiliser - acrylic bit, mounting tape

5) Collar (varies depending of the instrument)



## ASSEMBLY INSTRUCTION FOR CLARINET

1. Remove the b/f# key (Fig A). Taking care not to damage the key pad.

**2.** Slide the end of the collar (5) under the keywork between the finger holes and attach the loop to the lower pillar (Fig A) of the b/f# key. This will prewent the collar from sliding under the ring keys. Replace the key.

**3**. If you have Bb clarinet with an extra Eb-lever, remove the parts on the left side as shown (Fig B). Attach the collar to the lower pillar.

**4.** Insert the hook at the bottom of the bracket (Fig C) into the loop next to the b/f#- key (Fig A).

**5.** Attach the loop at the other end of the collar to the clasp (Fig D) and tighten the screw until the clasp is firmly in place. **Do not over tighten** (Fig E).

6. Carefully replace, in reverse order, all the clarinet keys rods.

**7.** Push the L-joint into (Fig F) the regulator/elevation tube until it hits the elevation trim (7). Tighten the L-joint with the tension screw slightly (9) to keep flexibility.

**8.** Remove the old thumb rest and replace it with the FREEWING stabiliser (4) to the place which fits to you.

## **ADJUSTING THE HANDREST FOR CLARINET**

**1.** Adjust the horizontal position of the fingers (distance from the instrument) by means of the tension screw (6) in the mounting part.

**2.** Adjust the vertical position of the fingers by means of the elevation trim (7) in the regulator/elevation tube.

**3.** To adjust the wrist angle, detach the L-joint and bend it slightly from location (8), this will help you to achieve a natural circular wrist movement.

4. Try playing your instrument, fine tune if necessary.

**5.** You can bend the rest simply by warming it with hair dryer ~5 min. Rotating the rest at the same time, cool with cold water, do not overheat or bend too much.





