

Flute Retreats with Andrea Kuypers

10th -13th April 2026

18th - 21st September 2026



Due to high demand for spaces Andrea Kuypers will host two Flute Retreats in 2026. This time we are heading to beautiful Cautley near Sedbergh in Cumbria.

Expert teaching, home cooked food and luxury accommodation in a peaceful setting surrounded by nature and benefitting from a fully equipped yoga studio. This is a non competitive course with the emphasis on learning through enjoyment and relaxation.

We will start with introductions and dinner on Friday evening followed by two days of morning yoga, Q and A sessions, workshops, ensembles and the chance to play with our pianist, all in a supportive environment.

New this time will be the option to add a one to one lesson on Monday.

When: 10th - 13th April 2026
18th - 21st September 2026

Where: St Marks Stays, Cautley,
Cumbria LA10 5LZ

Time: 6pm Friday - Monday -
leisurely checkout!

Included: 3 nights accommodation in
a luxury Cumbrian retreat,
beautiful home cooked food
and all tuition included with
a variety of room options.

Contact Andrea for more
details and to secure your
place

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